

Body Treatments

Back Refinement Treatment – \$65.00

A stress relieving massage and curative treatment, that relaxes your mind and body, while cleansing, exfoliating and buffing the hard to reach area of your back, leaving your skin with a smooth, silky finish, whether it be for blemished prone skin or just for pure relaxation.

Exfoliating Salt Glow Treatment ~ \$75.00

This treatment not only exfoliates the skin by removing dead skin cells, but also softens the skin with ultra hydrating oils. Using dead sea salts, select oils, and essential oils that exfoliate without irritating the skin, will result in soft, supple, glowing skin. Pure essential oils add aromatherapy benefits to this treatment.

Body Wrap Treatment ~ \$85.00

Muds or unique combinations of algae, along with essential oils and herbal extracts are liberally massaged onto the body, forming a masque which allows nutrients and antioxidants to be absorbed into the skin. These versatile masques possess different qualities, but assist the body in the purging of toxins or stimulating circulation and cell regeneration, while hydrating and healing tired, dry skin.

Herbal Retexturizing Body Treatment ~ \$85.00

With the use of essential oils and Chinese herbs, this body treatment will smooth, exfoliate and hydrate, while your skin is fed with nutrients. This treatment will assist and enhance the body's own natural processes and improve its physiological functioning.

Cellulite Body Wrap Treatment ~ \$90.00

When fluid retention occurs in fatty (adipose) tissue, the connective fibers of the upper layers of skin swell and become visibly rippled. This swelling sets up a chain reaction when toxic waste accumulates and further breaks down the elastin and collagen fibers. These fibers are responsible for keeping skin smooth.

When they are unable to do their work, cellulite is formed. A healthy lifestyle and proper body treatments assist in the elimination of cellulite. Detoxifying the body accelerates the reduction and appearance of cellulite.

Paraffin Hand Treatment ~ \$25.00

A gentle exfoliation and soothing massage, prepares your hands for warm, soothing paraffin wax. This 30-minute treatment leaves your hands soft, supple and hydrated.

Ear Candling ~ \$35.00

Ear candling is an ancient technique that has been around for thousands of years. Imagine a candle that has the power to improve and return hearing, improve physical balance, cleanse the sinus cavities and the lymphatic system, cleanse toxins left by medications, eliminate ear pains and promote healthier ears. This truly amazing technique utilizes a hollow candle coated with wax. The instructions are simple. One end of the ear candle is placed snugly into the ear, and the other end is the one you light. The lighting of the candle creates a gentle vacuum that can soften and dislodge wax and debris and pull it into the ear candle. Ear candling stands in a class of its own, when it comes to natural healing.

Sinus Opening Massage ~ \$30.00

This relaxing treatment incorporates the use of acupressure and aromatherapy along with hot towels to relax the facial muscles. The eucalyptus scent will begin the process while the facial massage will stimulate the sinus cavity to open, allowing for regular breathing to resume and to relieve sinus pressure.

**Combination Ear Candling and
Sinus Opening Massage \$60.00**